



Breakfast January 2018



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 No School 	2 Fuel for You Meal Kit Pineapple cup Milk	3 Oatmeal Graham Crackers Peaches Milk	4 French Toast Sticks Muffins Pears Milk	5 Fuel for You Meal Kit Peach Cup Milk	6 Menus subject to change.
7 Fat Free Milk (Unflavored/ Flavored) & 1% offered daily.	8 Fuel for You Meal Kit Mandarin Oranges Milk	9 Oatmeal Strawberry Bagel Fruit Mix Milk	10 Fuel for You Meal Kit Pineapple Cup Milk	11 Pancakes String Cheese Graham Crackers Pears Milk	12 Breakfast Pizza Muffins Orange Wedges Milk	13
14 <i>Salad Bar could include 1 cup spinach/ romaine and other lettuce; 2 meat/ equivalent meat, cheese or eggs; 1/2 cup tomatoes, peppers, carrots, broccoli, cauliflower, celery and/ or peas; 1 cup fruit; slice bread.</i>	15 Breakfast Burrito Graham Crackers Fruit Mix Milk	16 Fuel for You Meal Kit Applesauce Cup Milk	17 Waffles Muffins Peaches Milk	18 Oatmeal Muffins Pineapple Milk	19 No School (Professional Records Day)	20
21	22 Oatmeal Graham Crackers Applesauce Milk	23 Scrambled Eggs Toast Pears Milk	24 Fuel for You Meal Kit Peach Cup Milk	25 Breakfast on a Stick Muffins Fruit Mix Milk	26 Fuel for You Meal Kit Mandarin Oranges Milk	27
28	29 Egg & Cheese Muffin Strawberry Bagel Orange Wedges Milk	30 Fuel for You Meal Kit Peach Cup Milk	31 Breakfast Pizza Muffins Pears Milk			