






# Lunch September 2017



Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 <b>No School</b>	2 Menus subject to change.
3 Fat Free Milk (Unflavored/Flavored) & 1% offered daily.	4 <b>No School</b> 	5 Cheeseburger On a Bun Baked Beans French Fries Fresh Fruit Milk	6  Pizza Steamed Corn Crisp Lettuce Salad Chilled Pears Bread Milk	7 Chicken Nuggets Sweet Potato tots Steamed Green Beans Chilled Peaches Bread Milk	8 <b>SB</b> BBQ Pork On a Bun Steamed Broccoli Cucumber Slices Fruit Mix Milk	9
10 <i>Salad Bar could include 1 cup spinach/romaine and other lettuce; 2 meat/ equivalent meat, cheese or eggs; 1/2 cup tomatoes, peppers, carrots, broccoli, cauliflower, celery and/ or peas, 1 cup fruit; slice bread.</i>	11 Chicken Patty On a Bun Tatar Tots Steamed Carrots Chilled Pears Milk	12 <b>SB</b> Beef Chimichagas w/trimmings Seasoned Black Beans Zesty Corn Chilled Pineapple Bread Milk	13 Chef Salads Pizza Dippers w/sauce WI Blend Veggies Chilled Peaches Milk	14 Homemade Chicken Noodle Soup Ham Stackers Crunchy Carrots & Celery Chilled Applesauce OJ Milk	15 <b>SB</b> Fish Fillet Baked Potato String Cheese Crisp Cole Slaw Chilled Fruit Mix Rye Bread Milk	16
17	18 <b>SB</b> Rib Patty on a Bun Sw. Potato Tots String Cheese Steamed Broccoli Orange Wedges Milk	19 <b>SB</b> Chicken Fajitas w/trimmings Refried Beans Chilled Peaches Bread Milk	20  Pizza Steamed Corn Crisp Lettuce Salad Chilled Pears Bread Milk	21 Spaghetti w/meat sauce Crunchy Lettuce Salad Steamed Green Beans Chilled Pineapple Breadsticks Milk	22 Chicken Nuggets French Fries Steamed Peas Chilled Fruit Mix Bread Milk	23
24	25 <b>SB</b> Chili w/crackers Crunchy Carrots & Celery Egg & Tuna Sand Chilled Applesauce Milk	26 Cheeseburger On a Bun Tatar Tots Steamed Carrots Chilled Peaches Milk	27 <b>SB</b> Meatballs w/gravy Mashed Potatoes Steamed CA Blend Orange Wedges Dinner Rolls Milk	28 Tomato Soup Gr. Cheese Crunchy Cucumbers Chilled Fruit Mix Milk	29 <b>**Brunch**</b> Fluffy Pancakes Cheesy Omelets Blueberry Muffins Cinn. Apples Tomato Juice Milk	30